Title

Sculpture

Source

Method presented during the International Trainers Laboratory, October 2001 by Razaan Bailey and Jasmin Nordien (South Africa). For further information on the International Trainers Laboratory, please contact IJAB, Kerstin Giebel, E-Mail: giebel@ijab.de.

Field/Content

Defining conflicts.

Duration

About 30 minutes

Participants

8 - 10

Aims

To use the body in a physical manner to illustrate each participant's understanding of conflict.

Materials / Resources

Nothing special.

Preparation

Methodology

Check that everybody understands what a sculpture is. Using a prepared list, tell participants that you will be calling out a series of actions e.g. work, ballet, walking and that they should form a sculpture of this. You should use a series of actions so as to familiarize participants with the exercise and then end with the concepts: anger, violence and conflict. Ask the participants to look at the sculptures for conflict and say what position they had taken. Additionally look at what words are used by different cultures to define conflict.

Evaluation / Debriefing

Variants