

**Title**

Crossing the line

**Source**

Method presented during the International Trainers Laboratory, October 2001 by Razaan Bailey and Jasmin Nordien (South Africa)

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**Field/Content**

Approaches to handle conflict

**Duration**

About 30 minutes.

**Participants**

8 - 10

**Aims**

To introduce the 5 common styles people use when in conflict.

**Materials / Resources**

Nothing special

**Preparation**

Draw a line on the floor.

**Methodology**

Draw a line on the floor and ask participants to divide into pairs and line up either side of the line facing each other. Tell them that the purpose is to win and you win by having the person on your side of the line. Participants have to hold the hands of their partner.

People will use different methods such as:

- pulling (competing),
- giving in to the other person (accommodating),
- not participating (avoid),
- standing with one foot on either side of the line (compromise),
- going over to the one side and then to the other and so having both people on one side then the other, rotating turns (problem-solving / consensus).

**Evaluation / Debriefing****Variants**